

“The Remedy”

By

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One moment I was fine

I was fine

I was fine

The next

I am awake, barefoot

Barelegged

Bare-chested

Bare

I am in a bathtub

Cold

The light is wrong

I don't know

How

Bright.

It's hitting my stripped skin

Like I'm being

Punished

I'm so sorry

So so sorry

I am fragile

Whisper soft

I can't move

I have no limbs anymore

I am a bare torso

Punished by light

I have insomnia

I can't sleep

I'm so sorry,

So so sorry

I am in a bathtub

The light

Beats

Me

Stop, stop!

I am running

I am only torso

I am a miracle

I'm running as fast as I can

I can't breathe

Red, you need help

No, no, I was fine

I was fine

I was fine

No, you need help, Red

Yes, yes, help

I can't sleep

Breathe

Breathe

Sleep

I am flying

Red, it's not okay anymore

Help

You said you would help

I am on my front stoop

I killed him

You didn't kill anyone, you need help

I did. Listen

You didn't

Help

I start in the sky

My wings flutter in my face

Fragile

Whisper soft

I want to touch them

But I have no hands

Fingers

Bone

Please help

I'm drowning

I'm drowning

I'm drowning

God help me, I'm drowning

Panic.

It's raining

I'm in a bathtub

I'm flying

I'm drowning

Soaring

Under

I am tiny

Larger than life

I'm an ant

I

Will

Crush

Me

I'm running as fast as I can

Can

Can't

Breathe

But I'm too late

Late

L a t e

I'm running out of breath as fast as I can

And

I

Need

Help.