"Crazy" Caroline Bybee

my brother is Crazy.

that's what they tell me, and i guess i believe them. he is not like anyone i've met, i don't know if that constitutes Crazy. he stares at me with liquid eyes and his hands never stop moving.

i don't know what to believe.

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when they told us - all the doctors and other people who get to wear white coats and act like they know more than we do - they didn't even seem sorry.

a little shrug of the shoulders, maybe, "oh well," and all those clinical terms.

as they prattled on, my parents wilted. or maybe it's better to say they melted. like candle wax, or the action figures he once burned: twisted, mangled together, one big hunk of sad black plastic.

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now that we know and he knows and they know - everyone knows - it is easier. there is a reason, my parents say.

and then they give up.

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my brother is nervous. not the nail-biting kind of nervous: the violent kind, the pull-out-your-own-hair-and-scratch-your-face-until-it-bleeds kind of nervous. i once papered his fingertips with spiderman bandaids, just so he couldn't hurt himself.

he peeled them off.

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sometimes, he calls out to me in the middle of the night. "caroline," he cries.

he talks so fast that the sounds slur together and the o gets lost. "care-line," he says, and i always come running, fearing the worst.

"i'm scared."

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when he was just a little baby and not old enough to be Crazy, he had sapling limbs. he could bend with the wind, graceful, pliant.

even saplings snap if you bend them too far. he broke his arm jumping off the couch.

he was two.

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at school, everyone knows. "that's the Crazy boy's sister," they whisper. "do you think Crazy is contagious?"

i don't care.

i break noses, make bruises.

i'm tough.

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i decide one year that i am also Crazy.
i spend several days locked in my room. i stare out my window like i've seen him do so many times.

he makes it look so easy.

"go help your brother," my parents say. i oblige.

i guess i didn't try hard enough.